

GUEST SAFETY GUIDE - SKIN AND FACIAL TREATMENTS

All patients receiving skin or facial treatments, including but not limited to chemical peels and waxing, should review the following Guest Safety Guide. This form is for your records to ensure that all of our providers have taken the time to educate you about the services you will receive.

SKIN / FACIAL TREATMENT PURPOSE: Our Facial Treatments include mild surface level 15% peels and facial waxing designed to improve the texture and appearance of your skin.

Please notify your provider if you have any of the following:

- Active cold sores or warts
- Skin with open wounds
- Sunburn
- Excessively sensitive skin
- Dermatitis or inflammatory rosacea
- History of herpes simplex
- History of allergies or rashes
- Sensitivity to any of the components of or products related to this treatment
- Allergy to salicylates (aspirin)
- Taken Accutane within the past year
- Received chemotherapy or radiation therapy
- Are currently pregnant or breastfeeding (lactating)

GENERAL PRE-PEEL INSTRUCTIONS

Avoid these products and/or procedures ONE WEEK BEFORE treatment:

- Electrolysis
- Waxing
- Depilatory creams
- Laser Hair Removal
- Botox®/Dysport® Injections
- Cosmetic Fillers (Juvederm®, Restylane®)

Avoid these products and/or procedures THREE DAYS BEFORE treatment:

- Tretinoin (Retin-A®, Renova®)
- Adapalene (Differin®)
- Retinol
- Benzoyl peroxide
- AHA or BHA

Note: The use of these products prior to treatment may increase skin sensitivity and cause stronger reactions.

Note: Please consult a physician prior to using any products on your face after treatment.

SUN SENSITIVITY

Products may contain an alpha hydroxyl acid (AHA) or other ingredients that may increase your skin's sensitivity to the sun and increase the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterward.

ADVERSE EXPERIENCES THAT MAY OCCUR AFTER TREATMENT:

- Swelling
- Blistering
- Scabbing
- Change in pigmentation
- Stinging/Burning
- Scarring
- Dryness/Redness

GENERAL POST PEEL INSTRUCTIONS

1. The success of your treatment requires that these guidelines are followed:
2. Use a sunscreen with an SPF of at least 20 and avoid direct sunlight for one week.
3. Patients with hypersensitivity to the sun should take extra precautions to guard against immediate sun exposure.
4. Patients can expect in some cases to see visible peeling or slight blistering. Some patients may have minor flaking 3-4 days after the procedure.
5. Skin may appear pink or red for about 1-2 hours after the treatment.
6. Apply a light moisturizer as recommended by your provider, as often as needed to combat dryness.
7. Consult a qualified physician for medical advice about when you may resume prescription strength skin products.
8. Always contact a medical professional if you have any concerns about using products after a treatment. Providers are highly skilled in their area of expertise, but are not qualified to offer medical advice.
9. Wait until any peeling is complete before having ANY OTHER FACIAL PROCEDURES.

Please read the following:

- **I understand that the results of the treatment are variable.**
- **I understand that multiple treatments may be required to achieve the desired result.**
- **I have honestly disclosed my relevant medical history.**

Before starting your treatment, please read this Guest Safety Guide and understand it. Ask questions and ensure the answers are to your satisfaction. This sheet is provided to make sure you have been adequately informed of the risks and benefits of this treatment and that you wish to proceed with the Facial Treatment and assume any and all risks associated there with, including but not limited to the information outlined on this form.